

UNION EUROPÉENNE DE GYMNASTIQUE
EUROPÄISCHE TURNUNION
EUROPEAN UNION OF GYMNASTICS



25th European Championships in Trampoline, Double Mini-Trampoline and Tumbling for Seniors and Juniors

**Valladolid (ESP)
March 28th to April 3rd, 2016**



Work Plan

PART 1: Officials and Organising Committee	3
1.1 Union Européenne de Gymnastique (UEG).....	3
1.2 Official UEG Contact Address:.....	3
1.3 Host federation:	3
1.4 2015 E.C. Local Organising Committee.....	4
1.5 2016 E.C. Local Organizing Committee Contact Address	4
Part 2: The competition	5
2.1 Competition Schedule (<i>subject to changes</i>)	5
2.2 Competition format	7
2.3 Age limits	7
2.4 Tie-breaking rules	7
2.5 Warm-Up	7
2.6 Qualifications	7
2.6.1 Round 2 of the Qualification (semifinal)	7
2.7 Finals	8
2.8 Drawing of lots and starting order	8
2.9 Competition cards (<i>seront distribués lors de l'accréditation?</i>).....	9
2.10 Access to the competition area	9
2.11 Award ceremonies	10
2.12 Equipment supplier	10
2.13 Scoring and distribution of results	10
2.14 Competition Attire Publicity	10
2.15 Doping control	10
Part 3: The jury	11
3.1 Jury of Appeal.....	11
3.2 Superior Jury	11
3.3 Judges' instruction and draw of lots.....	11
3.4 Judges' meetings.....	11
3.5 Inquiries procedure	11
Part 4: The organisation of the event	13
4.1 Competition Venue	13
4.2 Delegations.....	13
4.3 Accreditation	13
4.4 Orientation Meeting	14
4.5 Training information	15
4.6 Opening and closing ceremony	15
4.7 Delegation boxes	15
4.8 Medical Services.....	15
4.9 Farewell Party.....	15
4.10 Hotels	16
4.11 Transportation	16
4.12 Insurance	17
4.13 Visa.....	17
4.14 Regulations.....	17
4.15 UEG Technical meeting.....	17
4.16 UEG Medical meeting.....	17

PART 1: Officials and Organising Committee

1.1 Union Européenne de Gymnastique (UEG)

UEG OFFICIALS	
President	Georges GUELZEC
Vice-President (President of the Appeal Jury)	Farid GAYIBOV
EC Member (Member of the Appeal Jury)	Erik Juhl MOGENSEN
Director	Kirsi EROFEJEFF-ENGMAN
Head of Media	Tina GERETS
Assistant	Claire TURNER
Official Doctor	Mariela SIRAKOVA

TRAMPOLINE TECHNICAL COMMITTEE	
President	Vladimir ZEMAN
Vice-President	Miguel VICENTE
Secretary	Babette VAN WETERING
Member	Mariela STOYCHEVA
Member	Luis NUNES
Member	Irina KARAVAEVA
Member	Patrick SIEGFRIED

1.2 Official UEG Contact Address:

UNION EUROPEENNE DE GYMNASTIQUE
Case Postale 975
CH – 1001 Lausanne, SWITZERLAND
Tel.: + 41 – 21 – 613.73.32
Fax: + 41 – 21 – 613.73.31
E-mail: info@ueg.org
Website: www.ueg-gymnastics.com



1.3 Host federation:

Royal Gymnastics Spanish Federation
Real Federación Española de Gimnasia (RFEG)
Address: Ferraz, 16, 7º dcha. 28008 Madrid. SPAIN
Contact person: Sergio García Alcázar
Tel.: +34 915 401 078
Fax: +34 915 400 990
E-mail: rfeq@rfeqimnasia.es / sgarcia@rfeqimnasia.es
Website: www.rfeqimnasia.es



1.4 2015 E.C. Local Organising Committee

Function	Person
President, Executive Director	CARBALLO Jesus
Vice-President	NIETO Fernando
Executive Director	GARCIA Sergio
Finance Commission	SANCHEZ AMORES Isabel
Sports Commission	PAZOS Inmaculada
Marketing and Communication Commission	PEREZ Jose Antonio
Medical	SAN JOSÉ Miguel Angel
Volunteers Commission	NIETO Samuel
Appeal Jury, Protocol and VIP incoming	MARTIN Carmen
Facilities and Equipment Commission	ALONSO Sergio
Security Commission	NIETO Samuel
Accommodation, Transports and meals Commission	El Corte Inglés
Transportation	El Corte Inglés
Administration Commission	SAN MARTIN Maria Jose

1.5 2016 E.C. Local Organizing Committee Contact Address

Federación de Gimnasia de Castilla León
Apdo. 6210. 47080 Valladolid. SPAIN
Address: Ferraz, 16, 7º dcha. 28008 Madrid. SPAIN
Contact person: Sergio García Alcázar
Tel.: +34 915 401 078
E-mail: eurotra2016@rfegimnasia.es
Website: www.gimnasiacastillayleon.es



Part 2: The competition

2.1 Competition Schedule *(subject to changes)*

Sunday 27th March 2016		
All day	Arrival of UEG TC TRA	
Monday 28th March 2016		
All day	Arrival of UEG Officials	
	Arrival of Delegations	
09.00 – 21.00	Accreditation	Sports Hall
11.00 – 21.00	Free Training EJC & EC	Sports Hall
21.00	Meeting UEG TC / OC	Novotel Hotel
13.00 – 15.00	<i>Lunch</i>	<i>Hotels</i>
20.00 – 22.00	<i>Dinner</i>	<i>Hotels</i>
Tuesday 29th March 2016		
All day	Arrival of Delegations	
08.00 – 21.00	Accreditation	Sports Hall
08.30 – 21.15	Training per schedule EJC & EC	Sports Hall
17.00 – 18.00	Judges draw	Sports Hall, Meeting room
18.00 – 19.00	UEG Technical meeting	Sports Hall, Meeting room
19.00 – 20.00	Orientation Meeting	Sports Hall, Meeting room
12.30 – 15.30	<i>Lunch</i>	<i>Hotels</i>
19.00 – 22.30	<i>Dinner</i>	<i>Hotels</i>
Wednesday 30th March 2016		
08.30 – 21.15	Training per schedule EJC & EC	Sports Hall
11.00 – 12.00	Judges' Meeting – DMT	Sports Hall, Meeting room
12.00 – 13.00	Judges' Meeting – Tumbling	Sports Hall, Meeting room
13.00 – 14.00	Judges' Meeting – Trampoline	Sports Hall, Meeting room
12.30 – 15.30	<i>Lunch</i>	<i>Hotels</i>
19.00 – 22.30	<i>Dinner</i>	<i>Hotels</i>
Thursday 31st March 2016		
08.30 – 12.00	Training per Schedule TRA EC	Sports Hall
08.30 – 12.00	Training per Schedule DMT / TUM EJC	Sports Hall
10.00 – 11.00	UEG Medical meeting	Sports Hall
12.30 – 18.20	TRA – Preliminaries EJC	Sports Hall
12.30 – 18.20	DMT / TUM – Preliminaries EC	Sports Hall
19.10 – 19.30	Opening Ceremony	Sports Hall
19.30 – 20.30	TRA – Team finals EJC	Sports Hall
20.30 – 20.45	Award Ceremony TRA Teams EJC	Sports Hall
12.30 – 15.30	<i>Lunch</i>	<i>Hotels</i>
19.00 – 22.30	<i>Dinner</i>	<i>Hotels</i>
Friday 1st April 2016		
08.30 – 12.00	Free Training TRS & Semi-finalists EJC	Sports Hall
08.30 – 12.00	Free Training DMT / TUM Indiv. & Team finalists EC	Sports Hall
12.30 – 18.20	TRA – Preliminaries EC	Sports Hall

12.30 – 18.20	DMT / TUM – Preliminaries EJC	Sports Hall
19.30 – 20.30	TRA – Team Finals EC	Sports Hall
20.30 – 20.45	Award Ceremony TRA Teams EC	Sports Hall
12.30 – 15.30	<i>Lunch</i>	<i>Hotels</i>
19.00 – 22.30	<i>Dinner</i>	<i>Hotels</i>
Saturday 2nd April 2016		
10.30 – 13.00	TRS – Preliminaries EC	Sports Hall
13.00 – 14.30	TRA – Semi-Finals EJC	Sports Hall
13.00 – 14.30	DMT / TUM – Team Finals EC	Sports Hall
14.30 – 15.00	Award Ceremony DMT / TUM Teams EC	Sports Hall
16.00 – 18.30	TRS – Preliminaries EJC	Sports Hall
18.30 – 20.00	TRA – Semi-Finals EC	Sports Hall
18.30 – 20.00	DMT / TUM – Team Finals EJC	Sports Hall
20.00 – 20.30	Award Ceremony DMT / TUM Teams EJC	Sports Hall
12.30 – 15.30	<i>Lunch</i>	<i>Hotels</i>
19.00 – 22.30	<i>Dinner</i>	<i>Hotels</i>
Sunday 3rd April 2016		
10.00 – 10.20	Judges' instruction (morning Finals all disciplines)	Sports Hall
10.30 – 11.00	DMT Girls / TUM Boys – Finals EJC	Sports Hall
11.00 – 11.30	TRS – Finals EC	Sports Hall
11.30 – 11.45	Award Ceremony DMT Girls / TUM Boys EJC	Sports Hall
11.45 – 12.15	DMT Men / TUM Women – Finals EC	Sports Hall
12.15 – 12.30	Award Ceremony TRS EC	Sports Hall
12.30 – 13.00	TRS – Finals EJC	Sports Hall
13.00 – 13.15	Award Ceremony DMT Men / TUM Women EC	Sports Hall
13.15 – 13.30	Award Ceremony TRS EJC	Sports Hall
15.00 – 15.20	Judges' instruction (afternoon finals all disciplines)	Sports Hall
16.00 – 16.30	TRA – Finals EJC	Sports Hall
16.30 – 17.00	DMT Women / TUM Men – Finals EC	Sports Hall
17.00 – 17.15	Award Ceremony TRA EJC	Sports Hall
17.15 – 17.45	DMT Boys / TUM Girls – Finals EJC	Sports Hall
17.45 – 18.00	Award Ceremony DMT Women / TUM Men EC	Sports Hall
18.00 – 18.30	TRA Finals EC	Sports Hall
18.30 – 19.00	Award Ceremony DMT Boys / TUM Girls EJC, TRA EC	Sports Hall
19.00 – 19.20	Closing Ceremony	Sports Hall
12.30 – 15.30	<i>Lunch</i>	<i>Hotels</i>
21.00 – 02.00	<i>Banquet</i>	<i>Feria de Valladolid</i>
Monday 4th April 2016		
All day	Departure of Delegations	

2.2 Competition format

The competition format will be in accordance with the UEG and FIG Technical Regulations and FIG Code of points in force.

The 25th European championships in Trampoline, Tumbling and Double Mini will be run in the following four (4) disciplines:

- Individual Trampoline
- Tumbling
- Double Mini-Trampoline
- Synchronized Trampoline

There will also be team events in three disciplines (trampoline individual, tumbling and double mini) and in both categories (juniors and seniors) and genders (men and women). A total of 28 Gold medals will be distributed: 14 for Junior and 14 for Senior. Competition will consist of Qualifications and Finals, following both FIG and UEG Technical Regulations

2.3 Age limits

- **Seniors:** Minimum 17 years old (born 1999 or older)
- **Juniors:** Minimum 13, maximum 17 years old (born 2003 - 1999)

Gymnasts have the right to participate if they reach the determined age during the year of the competition. It is only possible to participate in one category: either senior or junior.

2.4 Tie-breaking rules

In the event of ties in any Qualification or Finals, see Reg. 4.4. of FIG Technical Regulation, Section 4 (Special regulations for Trampoline Gymnastics).

2.5 Warm-Up

Prior the Qualification Round, Semi-Finals and Finals a 30 seconds warm-up (TRA / TRS) / 2 passes warm-up (DMT / TUM) will be granted to each gymnast / pair on the competition equipment according the Code of Points § 12.2.

For the Team Finals a 30 seconds warm-up (TRA) / 1 pass (DMT / TUM).

Note please that abusing above mentioned limits may be penalised by 0.3 points penalty.

2.6 Qualifications

- The starting order of the competition will be established according to the draw of lots carried out in Valladolid, on the 20th of February 2016, by the official representatives of the UEG and the Definitive entries.
- If a National Federation reduces the number of participating gymnasts after the definitive inscriptions, the UEG-TRA TC has the right to adjust the starting order to ensure the best possible running of the competition.

2.6.1 Round 2 of the Qualification (semifinal)

- Will be applied for TRA Individual Seniors & Juniors only.
- The top 24 gymnasts in TRA Junior and TRA Senior from Qualification Round 1 qualify for the 2nd Qualification Round.
- Only 3 gymnasts per member federation may compete in Round 2.
- All gymnasts will start Round 2 with a score of zero.

2.7 Finals

Participation in the Finals:

- The top 8 gymnasts per discipline and age category, men and women (maximum 2 per NF)
- The top 8 synchro pairs per age category, men and women (maximum 1 per NF)
- The top 5 teams in TRA individual, DMT and TUM per age category, men and women (4 gymnasts per team, **3 best scores will be counted**).

All gymnasts, pairs and teams will start Finals with a score of zero.

The finals will take place, as follows:

- Junior Team Finals in TRA (Boys / Girls), on Thursday, March 31st at **19h30**
- Senior Team Finales in TRA (Men / Women), on Friday, April 1st, at **19h30**

- Senior Team Finals in DMT & TUM (Men / Women), on Saturday, April 2nd at **13h00**
- Junior Team Finales in DMT & TUM (Boys / Girls), on Saturday, April 2nd, at **18h30**

- Junior Finales in DMT Girls & TUM Boys, on Sunday, April 3rd, at **10h30**
- Senior Finals in Synchro (Men / Women), on Sunday, April 3rd, at **11h00**
- Senior Finales in DMT Men & TUM Women, on Sunday, April 3rd, at **11h45**
- Junior Finals in Synchro (Boys / Girls), on Sunday, April 3rd, at **12h30**

- Junior Individual Finals in TRA (Boys / Girls), on Sunday, April 3rd, at **16h00**
- Senior Finales in DMT Women & TUM Men, on Sunday, April 3rd, at **16h30**
- Junior Finales in DMT Boys & TUM Girls, on Sunday, April 3rd, at **17h15**
- Senior Individual Finals in TRA (Men / Women), on Sunday, April 3rd, at **18h00**

2.8 Drawing of lots and starting order

The drawing of lots for **the starting order of the qualifications** took place in Valladolid, 20th of February 2016. The order indicated on the nominative entry form will determine the place of the competitor(s) / pair(s) in the starting order.

Note please, that the gymnast / pair written down first on the nominative entry by the federation **ABC** will compete on the position **ABC1**, the gymnast / pair written down second on the nominative entry will compete on the position **ABC2**, etc.

No changes will be permitted.

The starting order will be established after the nominative entry and confirmed after accreditation of the delegations.

The UEG TRA-TC reserves the right to change the groups (and the number of competitors per group) depending on the number of competitors that arrive in Valladolid.

PLEASE NOTE: THE EUROPEAN CHAMPIONSHIPS DRAW, THE COMPETITION GROUPS, THE STARTING ORDER FOR THE COMPETITION GROUPS, THE STARTING ORDER OF THE COMPETITORS WITHIN THE GROUPS, THE TRAINING GROUPS, THE TRAINING SCHEDULE AND THE COMPETITION SCHEDULE ARE BASED ON THE ASSUMPTION THAT ALL REGISTERED FEDERATIONS WILL PARTICIPATE IN ACCORDANCE WITH THEIR DEFINITIVE REGISTRATIONS.

SHOULD THERE BE ANY CHANGES TO PARTICIPATING NUMBERS AT THE TIME OF THE COMPETITION, THE TRA-TC IN CONSULTATION WITH THE COMPETITION DIRECTOR AND THE ORGANISING COMMITTEE WILL RESERVE THE RIGHT TO MAKE ADJUSTMENTS TO FACILITATE THE RUNNING AND ORGANISATION OF THE COMPETITION.

Federations who have registered full teams, but arrive with individuals only, do not automatically have the right to maintain their team's starting position.

The starting order for Qualification Round 2 (Semi-finals) will be in order of merit, the gymnast with the lowest score in Round 1 going first. In the event of ties, see Reg. 4.4.1 of TR, Section 4.

The starting order for the Final will be in order of merit, the gymnast, pair or team with the lowest score in the Qualifying Round going first.

The list of the semi-finalists and finalists, with two reserves, will be handed over to the head of delegation after each qualification.

2.9 Competition cards (*seront distribués lors de l'accréditation?*)

The competition cards have been delivered together with the Workplan to all participating federations. They must be returned to the Competition Secretariat

- TRA & TRS Qualifications – no later than Tuesday, March 29th, 19h00
- DMT & TUM Qualifications and Finals – no later than Tuesday, March 29th, 19h00
- TRA Junior Team Final – no later than Thursday, March 31st, 19h00
- TRA Senior Team Final – no later than Friday, April 1st, 19h00
- Semi-Finals and Team Finals on Saturday - no later than Friday, April 1st, 20h00
- Finals on Sunday - no later than Saturday, April 2nd, 20h00

2.10 Access to the competition area

- The competition area is accessible to members of the various juries, competing gymnasts and their accredited coaches, to local group leaders, to the auxiliary personnel of the Jury, to the President of the UEG Medical Commission, to the official doctor, to the team doctors, medical staff and to persons concerned with the competition. A team medical person is allowed to accompany the gymnasts and coaches during all Competitions.
- Interpreters may not enter the competition area without the permission of the President of the UEG-TRA TC.
- The competition area is strictly forbidden to all other persons.
- The use of any kind of electronic devices (video, mobile phones, etc.) is strictly forbidden in the competition area. Please note that, according to the decision of the Executive Committee of the European Union of Gymnastics from February 2016, the use of mobile phones or any other electronic communication device by gymnasts, coaches, judges or medical staff of the delegations on the field of play is forbidden during the entire duration of the competitions of official UEG competitions. If this rule is violated, the concerned persons will receive a written warning. If this behaviour is repeated after the written warning is issued, the concerned person will be excluded for the rest of the competition. The Superior Jury is responsible to decide these disciplinary measures. Appeals against these decisions have to be submitted to the Jury of Appeal whose decision is final.

2.11 Award ceremonies

The ceremonies in the competition venue will take place as follows:

- For Junior Team finals in TRA, on Thursday, March 31st, from 20h30 to 20h45;
- For Senior Team finals in TRA, on Friday, April 1st, from 20h30 to 20h45;

- For Senior Team finals in DMT and TUM, on Saturday, April 2nd, from 14h30 to 15h00;
- For Junior Team finals in DMT and TUM, on Saturday, April 2nd, from 20h00 to 20h30;

- For Junior DMT Girls and TUM Boys, on Sunday, April 3rd, from 11h30 to 11h45;
- For Senior Synchro, on Sunday, April 3rd, from 12h15 to 12h30;
- For Senior DMT Men and TUM Women, on Sunday, April 3rd, from 13h00 to 13h15;
- For Junior Synchro, on Sunday, April 3rd, from 13h15 to 13h30;

- For Junior Individual, on Sunday, April 3rd, from 17h00 to 17h15;
- For Senior DMT Women and TUM Men, on Sunday, April 3rd, from 17h45 to 18h00;
- For Junior DMT Boys and TUM Girls, on Sunday, April 3rd, from 18h30 to 18h45;
- For Senior Individual, on Sunday, April 3rd, from 18h45 to 19h00;

2.12 Equipment supplier

Trampolines	Eurotramp Ultimate 4x4 Trampoline. Reference number: TRA1
Double Mini-Trampolines	Eurotramp Ultimate DMT 6x6. Reference number:
Art. 23200, Ultimate DMT 6x6mm	
Art. 26101, Landing mat cover 600x300x30cm	
Art. 23005, Run-up Double.mini 22,5m	

Tumbling Tracks	Skakoun Original 2014. Reference number: TRA3
Time Measurement Devices:	Acroport TMD AS-1. Reference number: TRA15

2.13 Scoring and distribution of results

A list of results will be distributed to the Heads of Delegation after the qualifications and the finals into the Delegation Mail Boxes in the Competition Secretariat.

At the end of the Championships each delegation will receive a full set of detailed results.

2.14 Competition Attire Publicity

Any advertisement displayed on leotard must be approved at the orientation meeting (according to the UEG rules of publicity).

2.15 Doping control

Any doping is prohibited. A doping control can be requested at any time, in accordance with the FIG/UEG regulations. Doping controls will be carried out in accordance with the WADA regulations.

Part 3: The jury

3.1 Jury of Appeal

Vice-president of the UEG
Member of the UEG/EC
Member of the OC

Farid GAYIBOV
Erik Juhl MOGENSEN
Fernando NIETO

3.2 Superior Jury

UEG TRA TC President
UEG TRA TC Members

Vladimir ZEMAN
Irina KARAVAEVA (IK), Luis NUNES (LN), Patrick SIEGFRIED (PS)
Mariela STOYCHEVA (MS), Miguel VICENTE (MV),
Babette van WETERING (BW)

3.3 Judges' instruction and draw of lots

All judges have to participate in the briefing sessions as described in the Competition Schedule. Short judges' briefings will take place before each competition.

The judges' draw, which is voluntary for participating judges / federations' representatives, will take place in the Sports Hall Meeting room on Tuesday March 29th, 2016 at 17h00.

The Chairs of judges panels may be nominated by the UEG TRA TC.

In the Finals, if possible, only Execution judges whose federations are not represented in the final should participate.

- According to the FIG/TR, the presence of the judges to the judges' instruction is mandatory. The judges' instruction will be held in English.
- The judges' oath will be carried out at the end of the judges' instruction, by one of the host federation judges.

3.4 Judges' meetings

The judges' meetings, which are compulsory for all participating judges, will take place on Wednesday March 30th, 2016, as follows:

10.00 – 11.30	Judges Meeting – DMT
11.30 – 13.00	Judges Meeting – TUM
14.30 – 16.00	Judges Meeting – TRA

The judges' instruction meeting, which is compulsory for all participating judges, will take place on Sunday April 3th,

- from 10h00 to 10h20 (morning finals of all disciplines)
- from 15h00 to 15h20

3.5 Inquiries procedure

Inquiries for the Difficulty scores will be allowed, provided that they will be made verbally immediately after the publication of the score or at the very latest before the score of the following gymnast or group is shown. For the last gymnast / pair or the group, this limit is one minute after the score is shown on the score board.

The person designated to receive the verbal inquiry has to note the time of receiving it and starts the procedure.

Only the accredited coaches next to the competition area are entitled to submit an inquiry. Before the competition, the Head of delegation has to indicate them by name and to inform the competition management in writing. The form Inquiry – List of authorised coaches signed by the Head of delegation has to be handed

over at the Orientation meeting on Tuesday March 29th, at 19h00.

Late verbal inquiries will be rejected. A federation will not be allowed to complain against the scores of a gymnast from another federation.

Inquiries for all other scores (Execution, Artistic, Time of flight and Synchro) are not allowed.

The inquiry will have to be confirmed as soon as possible in writing, but within 4 minutes at the latest after the verbal inquiry and requires an agreement of payment of Euro 300.- for the first complaint; Euro 500.- for the second complaint and Euro 1'000.- for the third and any further complaints. Should the inquiry not be confirmed in writing within the fixed deadline, the procedure becomes obsolete.

If the inquiry is refused, the amount will be invoiced later on and must be paid within 3 months. If the inquiry is accepted, no amount will be requested.

Every inquiry will be examined by the Superior Jury and a final decision, which may not be appealed, must be taken at the very latest:

- at the end of the group for the qualifying competitions and the team finals
- before the score of the following gymnast is shown for the finals.

The detailed procedure is laid down in the Technical Regulations of the FIG.

The detailed procedure is in the UEG Technical Regulations, part 1 – General Rules, Article 6.

Part 4: The organisation of the event

4.1 Competition Venue

Pabellón Polideportivo Pisuega

Plaza de México, s/n. 47014 Valladolid. SPAIN

Tel.: +34 983 476 166

Fax: +34 983 476 208

Website: www.fmdva.org/instal_ficha.asp?id_instal=8#

4.2 Delegations

Maximum:

Seniors resp. Juniors				
Gymnasts	Men	Women	Total	
Trampoline individual	4	4	8	
Trampoline synchro	2 pairs	2 pairs	4 pairs	
Reserve individual and synchro	-	-	-*	
Double mini-trampoline	4	4	8	
Reserve double mini-trampoline	1	1	2	
Tumbling	4	4	8	
Reserve tumbling	1	1	2	
Function	TRA	TUM	DMT	Mixed
Head of delegation	1	1	1	1
Team manager (only for full team)	1	1	1	3
Coaches (not more than 1 per gymnast)	2/2	2/2	2/2	12
Judges (more only on request of the TC-TRA)	1/1	1/1	1/1	3/6
Doctor	1	1	1	1
Physiotherapist	1	1	1	3

Each team participating in the team competition is composed of 3 to 4 athletes.

* Reserves for Trampoline Synchro must come from Trampoline Individual and vice versa. If a second pair is entered it must come from the Trampoline Individual contingency

Seats will be reserved for each participating delegation.

4.3 Accreditation

Accreditation allows the identification of all participants and indicates the access to certain zones. Access to all zones will be controlled. Accreditation must be visibly worn throughout the whole event. During the accreditation the Heads of Delegation have to verify the identity of the members of their delegation as well as all requirements regarding accommodation, meals and registrations. They have to make the necessary payments (including insurance). **The Organising Committee informs that all Federations must bring the national flag and a CD with their national anthem.**

Accreditation will be carried out upon arrival. The Accreditation office will be in the competition venue. The accreditation is personal, non-transferable and necessary for access to the training and competition halls, as well as for official transports. The FIG and UEG Directives and Technical Regulations will be strictly applied, especially with regard to the number of persons accredited per nation.

Accreditations are provided to each delegation having fulfilled their financial obligations.

To accelerate the process of the accreditation, each participating federation has to submit to <http://registration.eurotra2016.com/> the headshot photos of each member of the delegation (Head of delegation, Team leader, Judges, Coaches, Gymnasts, Medical staff,...) by March 2nd, 2016, (Identity Colour photo in format JPEG – 45mm x 35mm – 150DPI resolution). All the delegations have already received their user name and password.



If the photo has to be taken on site because none has been sent within the deadline or sent in an unofficial format, there will be a charge of **Euro 10** for each photo taken at the accreditation desk.

- Upon accreditation the Head of Delegation or his representative will have to provide to the organising committee the following:
 - The passport or ID card (EU members) of all delegation members as well as a copy of all these passports/ID cards
 - The medical insurance for the members of the delegation if not already provided.
 - Prove that they fulfilled their financial obligation to the O.C.
 - The form “Confirmation of the national flag and anthem” together with the national flag of their country (dimension of 100/150 cm) and a CD with the national anthem (clearly marked with the name of the country and the mention “national anthem”)
 - The copy of the Medical Certificate/Diploma for medical personnel. Please note that without this document, the accreditation of the medical personnel will NOT be released.

- For the accreditation process, only the Head of Delegation (or his representative) is requested to present him/her self at the accreditation centre.

Delegations who do not respect this directive will have to wait at the accreditation center.

An updated work plan will be distributed to the Heads of delegation upon the accreditation, if needed.

Lost or stolen accreditation cards

In case of lost or stolen accreditation cards, the LOC must be informed immediately in order to block them. Lost or stolen cards may be replaced at the expense of the card holder (180 €).

Transferable access cards:

The Transferable access cards are only transferable **within** the NF’s official delegation and **appropriate function**. They can only be used in conjunction with the primary accreditation card.

Lost or stolen transferable cards shall not be replaced.

Transferable access cards:

Function	TRA	TUM	DMT	Mixed
Transferable access cards zone 1 coach	2	2	2	6
Transferable access cards zone 1 medical staff	1	1	1	1

4.4 Orientation Meeting

This orientation meeting for all delegations will take place on Tuesday March 29th, 2016 at 19h00, in the Sports Hall. The Heads of Delegations or their representatives have to participate in this briefing session plus one coach per delegation may also participate, maximum 2 persons by federation. During the orientation meeting the UEG TRA TC and the OC will give information about the running of the championships. This orientation meeting will be held in English only. Unjustified failure to attend will result in a sanction against the federation of Euro 1.000.

The form Inquiry – List of authorised coaches signed by the Head of Delegation has to be handed over at the Orientation meeting.

4.5 Training information

Free training will be provided on Monday, 28th March 2016 in the training and competition halls.

The scheduled training will start on Tuesday, 29th March 2016 and will take place in the training halls and competition hall.

A detailed updated timetable for the warm-up will be handed out to the Heads of delegation during the accreditation, if necessary.

4 Trampolines will be available in both the Warm Up Hall and Training Hall (2 for Senior Men & Junior Boys and 2 for Senior Women & Junior Girls).

1 Tumbling track will be available in the Warm Up Hall.

1 Double Mini-Trampoline will be available in the Training Hall.

The access to the competition hall, the training and the warm-up halls will only be granted to those delegations wearing the accreditation card and only during the times reserved for their nation.

4.6 Opening and closing ceremony

The Official Opening Ceremony will be held on Thursday, March 31st, 2016 at 19h00 in the Competition hall. The ceremony will include Flags Presentation by nation provided by LOC gymnasts, no march-in for the participating delegations members.

The Judges', Coaches' and Athletes' Oath will be read during the Opening Ceremony.

The Closing Ceremony will be held on Sunday, April 3rd, 2016 in the Competition hall at the end of the competition.

4.7 Delegation boxes

Delegation Mail Boxes will be set up in the competition hall – competition secretariat. All information regarding competition, warm-up, trainings, and notification of meetings, transport, official functions, as well as UEG and OC correspondences will be distributed via the delegation mailboxes.

A special "Mail Box" authority card will be issued to each Head of Delegation. This card must be shown by the Head of Delegation (or his representative) when collecting all information and results from their Delegation Mail Box. The delegation member designated to collect the information from the Delegation Mail Box will be required to sign for information collected.

4.8 Medical Services

The OC will provide the necessary medical services.

4.9 Farewell Party

There will be a banquet at the Feria de Valladolid on Sunday April 3rd, 2016 from 21h00 to 02h00. The banquet is for official delegation members only. A valid banquet ticket must be presented at the entrance.

The bracelets/wrist bands to identify the participants with correct age for alcoholic beverages will be delivered to the delegations at accreditation. The minimum age for alcohol consumption is **18** years in Spain. The delegations and their national federations are responsible for the proper behaviour of their members.

The closing banquet is free of charge for the delegations who have booked their accommodation through the Organising Committee.

Delegations that have made their own arrangements will have to purchase tickets from the Organising Committee. The price is € 60 per ticket.

4.10 Hotels

The contact person for all accommodation logistics is Sergio García Alcázar.
E-mail: eurotra2016@rfegimnasia.es

Official Hotel - UEG and delegations:

HOTEL NOVOTEL (4 stars)

Av. España, 9. 02002 Valladolid
Phone: +34 983459595

Other Hotels:

HOTEL SILKEN JUAN DE AUSTRIA (4 stars)

Paseo de Zorrilla, 108. 47006 Valladolid
Phone: +34 983 457 475

HOTEL MELIÀ OLID (4 stars)

Plaza de San Miguel, 10. 47003 Valladolid
Phone: +34 983 35 72 00

HOTEL NH VALLADOLID BALAGO (4 stars)

Calle de las Mieses, 28, 47009 Valladolid
Phone: +34:983 36 38 80

Hotel NH Ciudad de Valladolid (4 stars)

Av. Ramón Pradera, 10-12, 47009 Valladolid
Phone: +34 983 35 11 11

HOTEL HOTUSA PARQUE (3 stars)

Paseo del Hospital Militar, 17, 47007 Valladolid
Phone: +34 983 22 00 00

HOSTEL CAMPESTRE (2 stars)

Polígono de la Mora, Ronda del Sauce, 25-26, nave 5a, 47193 Valladolid
Phone: +34 983 40 32 12

4.11 Transportation

The OC will organise transport for the delegations from the official hotels to the competition venue. The transport schedules between competition hall and the official hotels will be available upon arrival of the delegations at the accreditation office.

Delegations booking accommodation through the LOC will be offered free transport:

- From Madrid Barajas Airport or Valladolid Railway station to the competition venue or hotel and back provided notifications of flights details have been sent **prior March 2nd, 2016**.
- From their hotels to the competition venue.

Delegations not booking their accommodation through the LOC will be offered transport from and to Madrid Airport at a 60 € cost per person and local transportation from/to the hotels and venue at a 40 € cost for the entire competition duration per person, given they transfer their payment by no later than **March 2nd, 2016**.

Only accredited persons are entitled to use the transportation system.

Federations who did not book their accommodation through the Organizing Committee will not be entitled to use the transportation system and will be responsible for being on time at all events.

4.12 Insurance

The FIG and UEG Technical Regulations stipulate that all participating federations have to assume all costs in relation to the medical insurance of all delegation members (illness and accidents). The Organising Committee has the right to verify the validity of the insurance upon arrival of the delegations (policy insurance, original or copy).

Entering the European Championships without valid medical insurance of all delegation members will be rejected. However, those delegations which cannot present valid medical insurance, will have the possibility to conclude a medical insurance service provided by the OC at the following cost:

35 € per person/day for illness and medical fee.

4.13 Visa

Please check whether you need a visa to enter Spain. The Organising Committee will assist you applying for a visa with pleasure. To assist with the application process, each country should complete the attached visa request form. This form had to be sent back to the Organising Committee by **January 18th, 2016 at the latest**.

4.14 Regulations

The 25th European Junior and Senior Championships in Trampoline, Double Mini-Trampoline and Tumbling, in Valladolid (ESP), 2016, will take place under the following regulations;

- The 2015 UEG Statutes;
- The 2016 UEG Technical Regulation for Trampoline Gymnastics;
- The 2009 UEG regulations for publicity;
- The 2015 FIG Statutes and 2016 FIG Technical Regulation;
- The current Codes of Points and the followings remarks or documents issued by the FIG/TRA TC;
- The 2013 FIG General Judges' Rules and TRA specific rules.
- UEG Accreditation Regulations

4.15 UEG Technical meeting

There will be a technical meeting organised by the UEG TRA TC, open to all officials, coaches, judges and athletes. This meeting will take place in the Sports Hall meeting room on Tuesday March 29th, 2016, from 18h00 to 19h00. The information about the projects and activities within the UEG and various topics will be provided by the UEG TRA TC.

4.16 UEG Medical meeting

There will be a medical forum, open to all medical and physio delegations' members and the coaches. This meeting will take place in the Sports Hall meeting room on Thursday March 31st, 2016, from 10h00 to 11h00 am. More information will be delivered at the accreditation.

EUROPEAN UNION OF GYMNASTICS
Vladimir ZEMAN
UEG TRA TC President

APPENDIXES:

Drawing of lots
Training groups, Training and Competition schedule
Sports Hall Layouts
Competition cards
Withdrawal form
Form Inquiry – List of authorised coaches